

ENAR - university post-market user survey results

Journal Evidence-Based Complementary & Alternative Medicine

481 respondents, aged 18 to 88 years (Average 54 years old. 69% female)
 All respondents had a history of chronic conditions (Average 6.4 years)
 Most respondents (76%) used ENAR exclusively for pain relief for musculoskeletal disorders, especially back, shoulder and neck pain.
 24% used ENAR also for a variety of non-musculoskeletal disorders.

Respondents reported a mean reduction in pain of 70% from 7.16 before treatment to 2.04 after treatment, [t(423) = 38.73, p < .001] and also functional improvement of 62% [t(423) = 10.45, p < .001] using 11-point VAS numerical rating scales.

Following ENAR treatment medication reduction was reported by 91% of respondents. A high level of satisfaction was reported by this cohort.

