

ENAR[®] DEVICE SETTINGS

DOSE – measures amount of therapy

Only Measures & Shows a minimum effective 'Dose' amount of therapy, when stationary, on any one point.

Dose Mode = **D** ●

Measures Dose when reached using any Mode or Frequency

Amplitude Modulation

Switches 3 Secs - ON followed by 1 Sec - OFF 3:1 seconds = **AM** ●

Frequency Modulation

Modulates from 14 Hz to 120 Hz, then down, in a 7 seconds cycle = **FM** ●

F – Frequency Settings

Selects either 14 Hz, or 60 Hz, or 120 Hz, or 320 Hz. (Not FM)

4 Frequency Settings within the **F** ● **MODE** are available

Once F ● **Yellow Light is On** then **+** & **-** now Scrolls Up &/or Down these 4 Set F Frequencies

To Select a D, AM, FM or the F MODE, SCROLL with Bottom Button **▣** then, whilst Yellow Light is On, ● **ENGAGE Right Button** **+** or **DISENGAGE** **-**

TWO WAYS TO TURN ENAR 'ON' ●

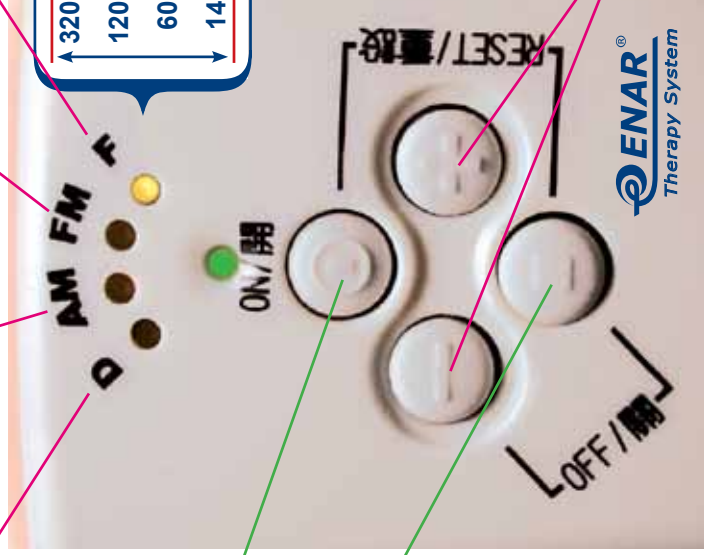
ON Press the Top Button **⊕** to switch the device on and retain the previous settings and power levels, as you left them

to **Power Down** push **⊖** to **Power Up** push **+**

RESET/ON - First **HOLD** Bottom Button Down **▣** then **PUSH** Top Button **⊕**
 1 First **HOLD** the Bottom Button down **▣**
 2 **PUSH** and **RELEASE** the Top Button **⊕** = ON.
 3 Then Release the Bottom Button **▣**.

4 **WAIT** for any/all top yellow lights to go out. (NB If yellow Light is On then Pushing + engages that Mode)

After **RESET** . and all yellow ● top lights have **GONE OUT** device is **NOW** returned to the **BASIC** setting of 60 Hz frequency, and Power Output will be **RESET** to minimum (1 click Power).



scroll up and down between 4 settings

in this sub-menu under **F** Mode Find a **F** FREQUENCY press scroll/bottom button **▣** until yellow light appears under **F** mode, then engage this mode by pressing Right Hand Button **+**, then to **Increase Frequency**, ● whilst **F Yellow Light is still on** press the Right Hand Button **+** whilst **F Yellow Light** is on (120 Hz and Max 320 Hz).

Decrease Frequency, ● whilst **F Yellow Light is on** press Left Hand Button **-** whilst **F Yellow Light** is on (60 Hz and Min 14 Hz).

IN ORDER TO GET OUT OF THE **F** MODE, YOU **MUST** RESET (SEE OPPOSITE)

with ● & ⊖ = **MODE**
 with ● & ⊕ = **POWER**